

## Anthrax Awareness

- Be alert for terrorist activity by staying informed through a reliable news source.
- Anthrax can be treated! Report to your health care provider if symptoms develop. They know how to treat you!
- Watch for early symptoms:

Fever	Cough
Chest pain	Muscle aches
Fatigue	Seizures
Severe Sweating	Difficulty breathing
- Ensure vaccinations are current, especially influenza (flu) vaccine, since both flu and anthrax can have common symptoms.
- Take all medications as prescribed by your health care provider.
- Anthrax is not spread from person to person.

## Anthrax Procedures

- **DO NOT HANDLE** suspicious mail or packages.
- **REMAIN CALM** if you find suspicious mail or powder.
- **COVER** suspicious package or powder spill with anything (trash can/clothing) – do not try to clean a spill.
- **EVACUATE** room and close door if possible.
- **WASH** hands thoroughly with soap and water; do not use bleach/disinfectants.
- **NOTIFY** your supervisor and/or building security manager. If at home, call local law enforcement and describe what you have.
- **REMOVE** contaminated clothing as soon as possible and seal in a plastic bag. Provide the sealed bag to emergency responders.
- **SHOWER** as soon as possible.
- **LIST** all personnel in the room or area and provide list to emergency responders.



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